

Exercise Physiology (MS) – HHS

Director/Chair: Dr. Matthew Mahar

Assessment Lead: Alison Meagher, M.S.

Step 1: Student Learning Outcome

DLO 1: Students will demonstrate the ability to design, conduct, and interpret the findings from a research study in the area of exercise physiology.

Step 2: Assessment Methods and Measures

ENS 602 (Spring '26) - This assignment is a problem set in which students apply what they are learning in class to analyze numerical data. These analyses are similar to those they might read about in a research study or conduct during their culminating research. The assignment is assessed based on the accuracy of their results and the extent to which their work indicates they understand how to run the analyses. Questions on the assignment walk students through the steps of running analyses.

Step 3: Criteria for Success

80% of students will achieve 80% or better.

Step 4: Summary of Results

ENS 602 (spring 2026): 100% of students achieved an 80% or better

Step 5: Action Plan

No action plan needed at this time; Assessment ongoing.